

Volunteer Programs

We have a number of opportunities for people to get involved and give back to their communities. Each program has its own guidelines regarding the requirements that volunteers must meet in order to participate, such as time commitment and training. We welcome individuals from a variety of diverse backgrounds who are interested in volunteering with Elder Services. If your organization or group is looking for volunteer opportunities, our Elder Brown Bag Program listed below allows for monthly volunteering for groups.

Elder Brown Bag Program: Assist with the assembly and distribution of “brown bags” that are filled with free groceries for low-income elders.

Friend in Deed Program: Friendly Visitor Program: Provide companionship and assistance to isolated older adults by engaging in routine activities or participating in social programs.

Medical Advocacy Program: Accompany elders to medical appointments and act as their advocate by coaching, supporting, and empowering them to take charge of their health care.

Money Management Service: Work with older adults to develop basic money management skills such as paying bills, budgeting, and writing checks.

Nutrition Program: Meals on Wheels drivers deliver nutritionally balanced meals to homebound elders and adults with disabilities throughout the Merrimack Valley.

Long Term Care Ombudsman Program: Become a certified Ombudsman to assist residents living in nursing and rest homes by working with program staff to advocate for the rights and needs of the residents.

SHINE (Serving the Health Insurance Needs of Everyone) Program: Become a certified SHINE Counselor to provide unbiased, confidential information to Medicare beneficiaries to help them understand their health insurance options.

MA SMP (Senior Medicare Patrol) Program: Provide outreach and education to Medicare and Medicaid beneficiaries, family members, and caregivers on how to protect, detect, and report healthcare errors, fraud and abuse.

Special Events: Assist with community activities, fundraising efforts, planning, set up and break down of events.

Other Opportunities: Assist with administrative tasks and projects such as filing, typing, mailings, and data entry.

For more information or if you are interested in volunteering, please contact the Volunteer Programs Department at 978-651-3128 or volunteerprograms@esmv.org.

