

North Shore Center for Hoarding and Cluttering

The North Shore Center for Hoarding and Cluttering is a program of Elder Services of the Merrimack Valley and North Shore that uses evidence-informed, clinical support to help individuals manage issues related to hoarding and clutter. Hoarding Disorder is a recognized mental health disorder that requires special accommodation to minimize safety concerns within the home.

Our clinical specialists work in partnership with the clients, social service providers, and safety and health professionals to assess a hoarding situation in order to develop a comprehensive care plan to mitigate the crisis and address the underlying causes that influence hoarding behavior.

We provide the following:

Client Services: We offer weekly support groups, individual counseling, and crisis case management. These support groups and individual counseling focus on hoarding's underlying issues and triggers helping clients implement skills and strategies for managing behavior and maintaining progress.

Our crisis management services include assisting clients who are facing eviction from or condemnation of their property. Our assistance includes the development of a Collaborative Action plan to resolve safety and functionality issues in the home. This client-centered plan includes clinical support during the resolution process, developing a multi-disciplinary team to address all aspects of the hoarding case, establishing reasonable goals and time frames that benefit all parties involved, and monitoring progress through team communications and regular inspection schedules.

Training: We offer a wide range of professional training on all aspects of hoarding disorder. Training is tailored to meet the needs of the specific audience.

Hoarding for Animals: We offer the only program in Massachusetts that focuses on the mental health aspects of animal hoarding issues. Our assistance includes development of a safety plan, including establishing a multidisciplinary team to manage the situation and provide supportive services for the client during the resolution process. Outreach and counseling services are offered to animal care professionals to assist with burnout and compassion fatigue.

Cost

We charge an hourly rate of \$105.77 for all crisis, counseling, and consultation services.

Contact

For more information about the Center for Hoarding and Cluttering, call our Information & Referral Department at 800-892-0890. To submit a referral form, visit our website at <https://www.esmv.org/programs-services/hoarding-and-cluttering>.

